



PROMONTORY HEIGHTS ELEMENTARY COMMUNITY SCHOOL ASSOCIATION WINTER PROGRAMS 2022

Great News - We are open to the community!

Chilliwack School District Facilities are available for rentals, drop-in and adult programming! Follow us on FB for updates on classes and programs.



www.phecsa.ca

FB: Promontory Heights Community School Association-PHECSA

Office Hours

Monday thru Thursday 8:30am - 8:00pm
Friday 9:00am - 5:00pm
Saturday* 9:00am - 1:00pm

*Closed Holidays & Saturdays during long weekends

PRESCHOOL

Busy Bees Crafts and Coffee

Thursdays 9:00-10:30am

Join us for a morning of crafts, cuddles and coffee! Complete a craft, songs, and stories revolving around a weekly theme.

Parents & Tots

Free Drop-In

Discover Dance: Twinkle Toes

Wednesdays 3:30pm- 4:15pm

January 19th-March 9th

Kathie will help your little "twinkle toes" explore the world of dance and movement in this fun class designed for young children.

(No Class February 2nd, 9th, 23rd)

3-4 yrs

\$60

Chilliwack Isshin-Ryu Karate Club -

Little Dragons Ages 4-7 Mondays & Wednesdays

Learn about Karate and Self-Defense in a fun atmosphere.

For information and to register call 604-799-6504 or visit

www.chilliwackisshinryu.ca

Little Kickers Soccer 1.5-3.5 yrs

Saturdays 9:00am-12:00pm

Learn through Play! Little Kickers gives your child a positive introduction to sport by teaching high quality soccer skills in a friendly, pressure free environment.

For more information call 604-791-3595 or visit www.littlekickers.ca

PRIMARY

In the Studio-Ceramics

Tuesdays 3:00-4:00pm

Everything you need to complete a fun ceramics project. Join us to complete an Instructor led ceramics project using fun design ideas and techniques..

Session Dates: Tuesday, January 25th

Tuesday, February 22nd

Tuesday, March 8th

Grades 1-3

Per Session -\$22.00

Discover Dance: Happy Feet

Wednesdays 4:15pm-5:00pm

January 19th-March 9th

The world of dance and movement awaits in this dance class led by our returning instructor Kathie! Kathie will share her love of jazz, ballet & hip hop in this FUN class! No previous dance experience required.

(No Class February 2nd, 9th, 23rd)

5 - 7 yrs

\$60

Chilliwack Isshin-Ryu Karate Club

Mondays and Wednesdays

Train with mixed age groups. Families have a chance to train together or grow in martial arts together.

For more information call 604-799-6504 or visit www.chilliwackisshinryu.ca

All Ages

INTERMEDIATE +

At Home Alone+

Date: Friday (Pro-D Days) 9:00am-1:00pm

10+ years

\$40

This is an interactive, participatory program that is designed to teach children to make safe choices while At Home Alone.

Next Course—Friday, February 18th from 9:00-1:00

Canadian Red Cross Babysitting Course 11+ years

Date: Friday (Pro-D Days) 9:00am-5:00pm \$45

Basic first aid and caregiving skills for youth 11–15 years old. Participants learn how to provide care to younger children in a variety of age groups, and how to prevent and respond to emergencies. Participants will receive a Canadian Red Cross Babysitting certificate upon completion.

Contact the PHECSA office to be added to the waitlist.

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Mondays and Wednesdays

All Ages

Train with mixed age groups. Families have a chance to train together or grow in martial arts together.

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In the Studio-Ceramics

Tuesdays 3:00-4:00pm

Everything you need to complete a fun ceramics project. Join Prism Studio to complete an Instructor led ceramics project using fun design ideas and techniques.

Session Dates: Tuesday, January 25th

Tuesday, February 22nd

Tuesday, March 8th

Grades 4-5

Per Session -\$22.00



PLEASE BE ADVISED:

All Public Health Orders will Apply to all Programs & Events.
Vaccine Passport Requirements WILL BE ENFORCED.

46200 Stoneview Drive
Chilliwack BC, V2R 5W8
Phone: 604 858-2999
E-mail: phecsa@phecsa.ca
Web site: www.phecsa.ca



Youth Zone

Promontory Tween Night **Grades 4-6**
Fridays 6:30-9:00pm **Drop In \$3**

Looking for something to do on Friday nights? Check out the many activities offered....sports in the gym, movies, board games, concession, and sock hops. New theme nights each week!!! Join your friends for FUN, FUN, FUN!!

Tween Night Pre-Registration—Parents of ALL participants MUST complete a one time registration form with contact information before attending. Please contact the PHECSA office for Tween Night Registration forms.

Promontory Youth Crew **14+ years**
Join the Youth Crew at Promontory! Get your work experience hours, help plan activities, special events, help out at Youth Night and qualify to apply for the PHECSA Scholarship. Call 604-858-2999 for information.

Panther Pen

Panther Pen - Before & After School Care

Need Before or After-School Child Care?
Panther Pen—Fully Licensed School Aged Program
Operates Monday thru Friday from 7:00am-8:25am and 2:15pm-5:30pm.

Pro-D Day Camps: February 18th
April 29th
May 20th

Christmas Camps: December 20th– 23rd
December 29th– 30th

Spring Break Camps: March 21st– April 1st



**Space is Limited - Must Pre-Register
For Registration Information and Packages
Phone: 604-858-2999
Email: pantherpen@phecsa.ca**

Adults

Primetimers Social
Fridays 9:30-11:00am **Free!**
Take time for coffee and conversation. Meet local seniors and enjoy games, field trips and much more.

Pickleball
Tuesday 6:00-8:00pm **Drop-In \$3**

***PUBLIC HEALTH ORDERS WILL APPLY*
*Vaccine Passport Requirements WILL BE ENFORCED***

Drop-In Activities

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Pickleball
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Busy Bees Crafts and Coffee For Parents & Tots
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Join us for a morning of crafts, cuddles and coffee! Complete a craft, songs and stories revolving around a weekly theme.

Promontory Tween Night
Fridays 6:30-9:00pm **Drop In \$3**
Activities galore for youth in grades 4-6.

Tween Night Pre-Registration—Parents of ALL participants MUST complete a registration form with contact information before attending. Please email phecsa@phecsa.ca for Tween Night Registration forms.

PUBLIC HEALTH ORDERS WILL APPLY

Music Programs

Private Piano Lessons **6+ years**
Monday-Thursday \$17 per 1/2 hour lesson

Private Guitar Lessons **6+ years**
Tuesday & Wednesday \$23 per 1/2 hour lesson

Please contact PHECSA 604-858-2999 for lesson information and availability.

Rentals

Birthday Party Rentals

Birthday Party rentals available on Saturdays.
Cost \$85-includes kitchen, party room, gym and sports equipment.

Gym/Meeting Room Rentals

Does your sports team need gym space for practices?
Does your Strata need a meeting room that can provide ample space for its AGM?

Please contact our office for a quote.

Please note Vaccine Passport requirements will be enforced.

IMPORTANT REGISTRATION INFORMATION:

Registration may be done in person at the PHECSA office, or over the phone please call 604-858-2999
All classes need the minimum required to run - so register early to avoid disappointment!! PHECSA accepts payment by cash, cheque, debit or credit card.



Funding Acknowledgement



This venture has been made possible due to a partnership between School District #33 and the City of Chilliwack. PHECSA would like to gratefully acknowledge funding received by the City of Chilliwack and Service Canada.

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Friday 9:00am - 5:00pm
Saturday* 9:00am - 1:00pm

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